



# FOOTBALL

## MIDDLE SCHOOL

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### MISSED PRACTICE POLICY (Starting- Monday August 16<sup>th</sup>)

- If you are going to miss practice, you must notify a coach **before practice begins**. You should use the Remind App (which we will set up) **AND** also email a coach. If this does not happen then it will be considered an unexcused absence.
- If a player misses 3 unexcused days of practice, he may be removed from the team.
- Consequences for unexcused absences are as follows:
  - 1<sup>st</sup> unexcused = post-practice activities
  - 2<sup>nd</sup> unexcused = ½ game/scrimmage suspension
  - 3<sup>rd</sup> unexcused = full game/and may be removed from the team
- If an athlete is suspended either in-school or out-of-school, or is academically ineligible, they will not be permitted to attend any team functions (practice, games, etc.) until they are eligible or until the suspension is over.
- Family vacations should not occur during football season. Although they are not considered unexcused absences, there will be consequences for missing practices/games because of family vacations.
  - Missing 2 practices = ½ game/scrimmage suspension
  - Missing 3 or 4 practices = full game/scrimmage suspension
  - Missing 5 or more practices = 2 game/scrimmage suspension minimum
- Excessive absences from practice of any kind may result in suspension from the team or removal from the team.

### CONTACT INFORMATION

**Use the Remind App first (when we set it up) AND Email**

Coach Baltz – [baltzj@eastonsd.org](mailto:baltzj@eastonsd.org)

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